

**AUGUST 12TH-MAY 31ST (TENTATIVE)**

**2013-14 SEASON USAG TRAINING  
SCHEDULE**



261 Ruccio Way \* Lexington \* KY \* 40503 859-977-8862

[www.legacyallsports.com](http://www.legacyallsports.com)

|                                              | Monday    | Tuesday                     | Wednesday                 | Thursday                     | Friday                 | Saturday            |
|----------------------------------------------|-----------|-----------------------------|---------------------------|------------------------------|------------------------|---------------------|
| <b>USAG GIRLS TEAM</b>                       |           |                             |                           |                              |                        |                     |
| <b>LEVEL 2 \$165</b>                         |           | 4:00-7:30<br>-----<br>----- | -----<br>4:30-8:00        | ---AND---<br>OR<br>---AND--- | 4:30-8:30<br>4:30-8:30 |                     |
| <b>LEVEL 3 \$215</b>                         | 4:30-8:30 |                             |                           | 4:30-8:30                    |                        | 8:00-12:00          |
| <b>LEVEL 4 \$235</b>                         |           | 4:30-8:30                   | 4:30-8:30                 |                              |                        | 8:00-12:00          |
| <b>LEVEL 5 \$250</b>                         | 4:30-8:30 |                             |                           | 4:30-8:30                    | 4:30-8:30              | 11:30-4:00          |
| <b>LEVEL 6/7 \$275</b>                       |           | 4:30-8:30                   | 4:30-8:30                 |                              | 4:30-8:30              | 11:30-4:00          |
| <b>LEVEL 8 \$300</b>                         | 4:30-9:00 | 4:30-6:30                   |                           | 4:30-9:00                    | 4:30-9:00              | 11:00-4:00          |
| <b>LEVEL 9/10 \$300</b>                      | 4:30-9:00 | 4:30-9:00                   | 4:30-9:00                 | 4:30-9:00                    |                        | 7:00-12:00          |
| <b>XCel \$165</b>                            |           | 4:30-8:30                   | 4:30-8:30                 |                              |                        |                     |
| <b>Fast Track<br/>&amp; TOPS Invite only</b> | 3:30-5:00 | 3:30-5:00                   | 6:00-8:00 AM<br>Optionals |                              | 3:30-5:00<br>L5+ TOPS  |                     |
| <b>USAG BOYS TEAM</b>                        |           |                             |                           |                              |                        |                     |
| <b>LEVEL 4 \$165</b>                         |           | 4:30-7:30                   |                           |                              |                        | 12:30-3:30          |
| <b>LEVEL 5 \$195</b>                         | 4:30-8:30 |                             | 4:30-8:30                 |                              | 4:30-8:30              |                     |
| <b>LEVEL 6 \$215</b>                         | 4:30-8:30 |                             | 4:30-8:30                 |                              | 4:30-8:30              | 8:00-12:00          |
| <b>LEVEL 7 \$215</b>                         | 4:30-8:30 | 5:00-9:00                   |                           |                              | 4:30-8:30              | 8:00-1:00           |
| <b>LEVEL 8-10 \$250</b>                      | 4:30-9:00 | 5:00-9:00                   | 4:30-9:00                 | 5:00-7:00                    |                        | 8:00-1:00           |
| <b>FUTURE STARS \$25<br/>A<br/>B</b>         |           |                             |                           | -----<br>5:00-7:30           |                        | 12:00-2:00<br>----- |