

## *Meet Helen!*

Helen McDuffie is from Lexington, Kentucky where she has been dancing and teaching for over 15 years. She is thoroughly trained in all forms of dance including acrobatics (thanks to Legacy!). In addition, Helen is an Elementary Education major and will be a certified teacher once she finishes her Student Teaching.

Helen received her dance training from Barbara Ann's School of Dance in Lexington, Kentucky. She received training in numerous styles of dance including, but not limited to: ballet, tap, jazz, lyrical, contemporary, musical theatre, and hip hop. She was also a member of the competitive team, which competed locally and nationally.

Helen was a member of the Lafayette and UK Dance Teams, and also a member of the UK Dance Ensemble. Helen attended the School for the Creative and Performing Arts (SCAPA) as a Contemporary Dance major and was accepted into the Governor's School for the Arts Program (GSA) in 2007 as a Modern Dance Major. Helen has attended various dance workshops as a student and teacher. In the summer of 2014 she will be in New York City attending a weeklong dance intensive for dance teachers from across the nation.

Helen has taught recreational classes for six years and has coached competitive students for four years. Her coaching experience has earned her numerous choreography awards and her previous dancers have earned top rankings at all of the competitions they have attended. Helen has worked with dancers of all ages in all styles of dance.

Her love for working with children inspired her to embark on a career teaching dance seven years ago and she is excited for the wonderful opportunity to be Legacy's Dance Director. Legacy has been incredibly successful in gymnastics and cheerleading over the years and Helen is optimistic that through determination and perseverance their new dance program will be a success as well!